



MAROONDAH MAGIC - TRAINING AIDS

The following equipment is owned by Maroondah Magic and is available to coaches to use for training purposes.

Please contact Ross Pigdon on 0409 003 559 or rossco299@bigpond.com to organise borrowing the equipment.

Item	Quantity
No Peek Glasses	4 Sets
20 ft Non-Slip Agility Ladder	2
Defender Evasion Belts	4 Sets
D-Man - Hands Up Defender Mannequin	2
Numbered Shooting Spots (10 in set)	1
Agility Poles Set (bag contains 8 poles, bases and clips)	1
Bump Bag	2
Balloon Rice Filled Bags	
Speed Hurdles (set of 5) and Drill Guide (in bag)	1 Set
Reaction Balls: 2 x big Adidas / 3 x small Adidas / 3 x small yellow	8
Skipping Ropes	2
Agility Grid	1
Dribble Stick	1
Lightweight Control Basketball	4
Heavyweight Control Basketball	2