



MAROONDAH MAGIC BASKETBALL CLUB



Maroondah Magic Basketball Club Newsletter

December 2017

“It beginning to look a lot like Christmas...” as the old tune goes.

I wonder what Johnnie Mathis was seeing as he penned those lyrics? Was it traffic mayhem, added stress and pressure to complete all outstanding tasks, crazy last minute shopping and exhausted punters face down in their Christmas pudding, I hope not but it does make you wonder.

There’s no doubt that December is the storm before the calm, and if you’re got around to reading this, you’ve managed to work your way safely through the busiest month of the year, well done!

Everyone deserves a break once in a while and the mid season spell provides just that. Please rest up and recharge. Have a wonderful Christmas and if you’re lucky enough to be having time off, enjoy every minute of that too!

Special thanks goes to our many, many Volunteers, without you our club couldn’t exist. We love what you do for the kids. Thank you.

It’s beginning to look a lot like Summer too, be safe around the water, have a fabulous new year and enjoy precious time with family and friends.

See you in 2018, with a spring in your step when once again we’ll raise the cry...”Go Magic”!

Our best regards from your basketball family,

David Eastwood

President

PS. If you’ve thought about helping out but don’t really know where to start or what to do, please come and chat with us, we’ll help you every step of the way and the more the merrier!

Important Dates to Remember:

Boys start 2018 on Saturday, February 3

Girls start 2018 on Tuesday, January 30 and Wednesday, January 31

WHY TRAIN?

Why do you train? It seems like such a simple question at first...

There are many people that feel the game is the most important part of playing basketball – and, to some extent, that is true. But it is at training that all the work is done, that results in improving your skills for real game performance.

So, what are some of the benefits of training?

There are the obvious benefits such as developing and practicing basketball skills (passing, shooting under pressure, defence, rebounding etc) that can't always be done individually

Learning and developing good skills from other players

It is an opportunity to practice and understand set plays

It is a time to get to know your team mates – developing social skills and getting to know one another.

Knowing your team mates strengths and weaknesses is invaluable on the court

It is also an opportunity for parents to socialise and get to know each other!

Players train for an hour whereas average court time during a game is around 25-30 minutes

You must approach your training with the same effort and competitiveness as you do games. Michael

Jordan sums it up perfectly:

I've always believed that if you put in the work, the results will come. I don't do things half-heartedly.

Because I know if I do, then I can expect half-hearted results.

I play to win, whether during practice or a real game. And I will not let anything get in the way of me and my competitive enthusiasm to win.

I approach practices the same way I approached games. You can't turn it on and off like a faucet. I couldn't dog it during practice and then, when I needed that extra push late in the game, expect it to be there. But that's how a lot of people approach things. And that's why a lot of people fail.

~ Michael Jordan

But it's too hot/cold/I'm too tired for training : you need to train in conditions that you will be playing in.

Coaches will modify training for conditions (more drink breaks/less strenuous drills if hot for example).

Sometimes you may be tired – that is the time to dig deep and push yourself... But you need to train in all conditions to be able to play well in all conditions.

Remember parents have paid their registration fees and coaches have put aside time each week to plan and run their session, so please make the effort to improve your game.

There is a great article on 10 keys to training effectively (link as follows [http://](http://www.effectivebasketballtraining.com/10-keys-to-effective-basketball-training/)

www.effectivebasketballtraining.com/10-keys-to-effective-basketball-training/) - the key points from this are :

1. Preparation
2. Repetition
3. Attitude
4. Concentration
5. Technique
6. Intensity
7. Conditioning
8. Expectations
9. Track your training
10. Train to play the game, don't play to train

So.....See you at training!



CODE OF CONDUCT

Players, coaches, parents and officials need to be aware of the behavioural expectations on and off the court. Please take the link to Maroondah Magic web site to read the Code of Conduct for players, coaches, parents and officials.

CODES OF CONDUCT

Some Words of Wisdom

Do not criticise your or others children in front of others. Reserve constructive criticism of your own children for more private moments. Children can be very sensitive and feel strong humiliation if they are criticised in front of their peers. When you do feel the necessity to speak to your child about something that displeases you, make the effort to explain what the problem is and why you are concerned about it. If you can see some way of avoiding the problem in the future, also explain this to the children. Give your children an opportunity to offer you an explanation. You are not communicating with your children effectively if all the communication is one way.

Accept decisions of all referees as being fair and called to the best of their ability. Referees and officials have a difficult task to perform and your children could not play the game without them. They are there to enforce the rules of play but they cannot always be right. It is fair to say most teams make 20-30 mistakes per game with missed shots, missed layups, missed passes, double dribbling and travel. Most referees make 2-3 mistakes per game, yet players, coaches and parents believe it is fair game to criticize them for these few errors. Let's be honest - it is not fair to criticize the referees, a fair portion of who are Maroondah Magic children who take up refereeing to start to make their way in life. Accept bad calls graciously. Abuse of referees is unacceptable behaviour. Players who consistently dispute decisions or do not accept bad decisions are bad sports. If you disagree with a decision, discuss it with your children in a constructive manner.

Set a good example by your own conduct, behaviour and appearance. Children often learn by example. You are the prime role models for them. Make your parenting rewarding and beyond criticism by leading by example. Do not criticise opposing team members or supporters by word or gesture. Accept loss graciously and applaud the efforts of all playing the game.

DO NOT be one of the "ugly" parents occasionally seen at sporting events.

LOOKING AFTER OUR VENUES

Important points for everyone to remember when using any venue :

- siblings are not to be left without a parent
- No food is to be taken into the venues
- please make sure children **DO NOT** climb on or use any equipment that is in the gym
- it is most important we all abide by these simple rules so Magic can continue to use these great venues.

When entering or exiting training venues from a car park (eg at Ruskin Park and Tinternvale for example) can you please ensure all players, parents and siblings use the footpaths and not walk through the center of car parks... This is for the safety of all pedestrians, as it can be difficult to see when reversing in these areas.

We are extremely fortunate to be able to train at all the wonderful school facilities that we do. For the good relationship to remain, and the ability to retain these training facilities there are a few more points to remember:

The last team to train at the facility must turn off lights, turn off heaters, ensure that the facility is locked and alarms set.

Periodically through the training night, please everyone check the bathrooms and ensure the taps are turned off, and there is no water running in the bathrooms or at the drink taps.

Please remember there is a NO food policy in any of these venues—there have been occasions when siblings have brought food with them.

Please ensure that all basketball training shoes are clean, and non marking, and wipe them at the door before entering the facility. The schools do not allow their children to wear everyday shoes in these facilities, and the floors are becoming scratched and marked. If they need to reseal the floor, we would have disruption to our training schedules as well as increased costs for hire, and this would ultimately be passed on to all our playing children.

•Age Coordinator Contacts :

BOYS

Miniball: Natalie McCartney natmccartney@bigpond.com, 0419 545 533

U9-U12: Peter Cunningham peter@pcunningham.com.au, 0400 577 476

U13-U15: David Blyth dandlblyth@bigpond.com, 0413 489 816

U16 - U21: Faye Putney putneys@bigpond.com, 0411 343 755

GIRLS

Miniball - U10: Megan Deayton meganmatt@dodo.com.au, 0413 303 746

U12 - U14: Pam Dando pamela.dando@hotmail.com, 0408 871 544

U16 : Bec Smith bec.j.smith@hotmail.com , 0404 929238

U18 - U21: Megan Deayton meganmatt@dodo.com.au, 0413 303 746

Please contact the related co-ordinator with any queries you may have.

Backpacks:

We have introduced backpacks to our range of merchandise, available at our shop. They are \$40 each, black with our logo, and have space for a ball, drink bottle and a Maroondah Magic hoodie. Great price, great product, get yours quick before they run out! Makes a great Christmas present!

Scoring:

Just a reminder that when scoring, you are an official of the game and as such, should not yell out/barrack etc when sitting at the score bench. Please also abide by the 'Code of Conduct' set out by Basketball Victoria regarding officials of the game. Thank you to every parent that steps up at their Child's game and scores for Maroondah Magic. Please remember that if you have a child away DO NOT tick their name on the computer screen. This is particularly important if the child is injured and has a Doctors Certificate, you will be forfeiting the importance of the Doctors Certificate if the child is deemed to be playing. This is also particularly important for those Teams that have Rep players absent, and can earn Penalty Points if the player is deemed to be playing.

ASSISTANCE REQUIRED

Our club has a number of regular events where we could really use some additional help. Uniform sale day (held twice a year just before the beginning of each season), Presentation Day (twice a year, early in the season), Grand Final day (we need volunteers who are experienced scorers and would be willing to score for other Magic teams) and Come and Try Sessions (held on Friday evenings late in each season to recruit new players for the next season).

Our hard working committee devote a lot of time to make these events happen but as our club grows we would love to have some more help. If you could give up a few hours please email your details to Teali Langcake scottandteali@optusnet.com.au (Club Secretary) and Teali will keep a list of people we can call on to help out at these events.

This list is for those people happy to help on an irregular basis. Let us know!

FACEBOOK

Have you 'liked' our new Facebook page. Maroondah Magic Basketball Inc.—follow the link, and keep updated with any news.

INSTAGRAM

Have you 'followed' our new Instagram page? Go and chuck us a follow and a shoutout! [@mm_basketball_club](https://www.instagram.com/mm_basketball_club)



Maroondah Magic Basketball Club Inc.

P.O Box 4023 Croydon Hills 3136

K&MDBA

www.kilsythbasketball.com.au

Basketball Victoria

www.basketballvictoria.com.au

Executive Committee Members:

President: David Eastwood, (PH) 0419 871 193

Vice-President: David Blyth, (PH) 0413 489 816

Secretary: Teali Langcake, (Email) scot-tandteali@optusnet.com.au

Treasurer: Pam Whitehead, (PH) 0419 554 429

Children's Protection Policy and Working with Children's Check

We are currently working on a new Policy document to bring Maroondah Magic into line with the new State Children's Protection Policy.

At this stage, it is mandatory for all coaches, assistant coaches and team managers to include Maroondah Magic Basketball Club Inc on their working with Children check. If you already have a Working with Children Check - please go to the Department of Justice website, and add Maroondah Magic Basketball to your check.

If you do not already have a pass, then you can get the application form from the Department of Justice website, or any Post Office. You will also need a passport size photo to complete a new application.

Even if you are not yet a coach, assistant coach or team manager, please add us to your Working with Children check, you never know when you will be asked to fill in for one of them, for your child's team.

We are on the lookout for new sponsors and supporters in 2018!

If you, or someone you know, has a business and are interested in opportunities on how you gain exposure for your business and partner with Maroondah Magic via our Sponsorship Program please visit our website for a copy of our Sponsorship [Prospectus](#) or contact our Sponsorship Coordinator, Tania Anderson for further queries on 0417 052 347. You can also visit our dedicated 'Sponsors' page on our website – [click here](#).

We are proud to partner with the following Gold Sponsors:



McGrath

A huge thank you to Grill'd Eastland and everyone who went into the Grill'd restaurant at Eastland and supported Maroondah Magic Basketball Club during the Grill'd 'Local Matters Campaign'. Our club were fortunate to be the recipients of a donation of \$100.00 from Grill'd which will go toward our Player and Coaching recognition and development programs. Our partnership with Grill'd aligns with our mutual values and goals of recognising and giving back to our communities. Thank you again to Grill'd Eastland and our Maroondah Magic family 🙏😊



CONGRATULATIONS

Our Club has produced many sport stars that have gone onto bigger stages, which is why playing basketball is such an advantage to young children, in terms of hand and eye co-ordination and in terms of development of social skills.

In the football world, several former Maroondah Magic players that have been drafted to an AFL club are as follows:

Adam Cerra - Fremantle Dockers

Daniel McStay - Brisbane Lions

Jordan Gysberts - Melbourne and North Melbourne

Dylan Van Unen - Essendon

Andrew Moore - Port Adelaide and Richmond

Trent Zomer - Melbourne

Gach Nyuon - Essendon

We have several players and former players that are now playing football at the semi-elite level in both girls and boys programs.

In the basketball world, former Maroondah Magic players that are or have played at the elite level:

Girls - for example - Jordie O'Shea, Sarah Parsons, Emily Van Poppel, Bree Mackenzie, Ava Garthwaite, Tahlia McIntosh just to name a few

Boys - for example - Will Sinclair, Ben Ursich, Brad Heywood, Josh Kunen, Josh Uhr Henry, Nick Spicer, Zac Fitzpatrick just to name a few

It is playing basketball from around five years old that has allowed these players to develop their co-ordination skills, teamwork, ability to take instruction and develop friendships with many, many people. Keep your child in basketball!!

NEXT SEASON

We will commence putting sides together for the 2018 Winter season in the new year and if players have friends they would like to encourage to join the club, please contact your Age Co-ordinator (contact number available on website) and pass on their number. The earlier we know of new players and returning players, the easier it is to put teams together. (contact numbers are on page 5 or website)

MINI-BALL CLINICS

We will be running Mini ball to Under 9 skills clinics in March 2018 (as we did in September 2017). These clinics were very popular and have reflected in the strong team performances in Girls Mini ball and Under 9 and Boys Under 9 this season. If your child is a current mini baller or one of your friends would like to participate, please watch out for our registration emails in February.

COME AND TRY CLINICS

We will be running clinics at local schools and Come and Try clinics in March 2018 - again if you have friends that would like to join the Club and have some training in readiness for the 2018 Winter season, look out for our emails or contact your Age Co-ordinator, so we can try to place you together.

Melbourne United and Melbourne Boomers

We have again entered into a Partnership with Melbourne United Basketball (NBL), and Melbourne Boomers (WNBL).

We will have workshops and some of their players at our special days.

We also have access to some game packages with both clubs - we will advise you further, codes etc, to use when booking tickets.



Communication:

Please let your coach and/or team manager know if you are unable to get to training/ games as early as you can... Coaches spend time planning training for their teams and adapt drills and skills being taught to the number of players expected at training (and also who will be there too at times). It is also difficult to organise fill ins for games at late notice.

Re. Training and Venues in the lead up to Christmas and the school holidays!

- Last training sessions before Christmas will be Thursday 14th December
- Training venues will reopen from Monday 31st January 2018

If you are not training at any time, PLEASE ensure our venues coordinator is aware – this will stop venues being left unattended (which may void our rental agreements) and ensure that there are plans in place for opening/locking up of venues

Kim Watson (0421409378) will be away from Dec 1st until just before Christmas. In her absence, Cassy Hamilton will be covering her role. Please contact Cassy with all training issues and updates on 0412539953.

Kim Watson will be stepping away from her role as venues coordinator at the end of Summer season. We would like to thank her very much for her role in organising venues/keys/times etc... please thank her too if you get a chance! Without our volunteers, we wouldn't be able to have so many players happily playing basketball in our Magic.

A MASSIVE THANK YOU!!

Sue McGrath has stepped down as Secretary of our Club.

She has worked tirelessly as a Coach, Team Manager and Secretary for our club, always putting up her hand to take on extra jobs.

We thank Sue for all of her energy and work over the last 14 years, and wish her well in all of her endeavours.

SPONSORSHIP

A huge thank you to our supporters and sponsors in 2017.

At Maroondah Magic are always looking for ways we can contribute back to our players and coaches. By obtaining sponsorship we see opportunities to invest back into our club and enhance the basketball experience for all involved.

Our aim is to invest sponsorship contributions towards items such as player clinics, coach's clinics, player rewards, enhanced member benefits and much more.

We are actively working on more partnerships and excited for what more we can offer our Maroondah Magic family in 2018!

We are thrilled to announce two new fantastic opportunities for our Maroondah Magic community through our Gold Sponsors McGrath Estate Agents Croydon and Bendigo Bank East Ringwood Community Branch.

McGrath Estate Agents Croydon – Maroondah Magic Referral Program

In honour of the new partnership between Simon Keele from McGrath Estate Agents in Croydon and the Maroondah Magic Basketball Club, we are having a promotion!

For any referral given to Simon Keele and his team at McGrath, they will donate \$500 back to the club once the property has sold.

If you, or anyone you know, may be interested, please pass on Simon's details and a member of his team will be in touch.

McGrath

Simon Keele
Sales Agent
M: 0418 527 648
E: SimonKeele@mcgrath.com.au

Bendigo Bank East Ringwood Community Branch – Maroondah Magic Referral Program

Ringwood East
Community Bank® Branch

62 Railway Avenue, Ringwood East
Phone 9870 3655



Bendigo Bank East Ringwood Community Branch are extending 'BIG Bendigo Benefits' to members and families of Maroondah Magic Basketball Club. See flier in this newsletter for more information.

In addition, we are working with the branch on some exciting referral programs and benefits for our Maroondah Magic family in 2018! If you are banking with Bendigo Bank East Ringwood Community

Branch be sure to mention you are from Maroondah Magic and the team will make sure they talk to you about the great benefits we have lined up. In doing so, you are also helping our club! We thank Bendigo Bank East Ringwood Community Branch for their support in 2017.



BIG
Bendigo
Benefits

We're extending BIG Bendigo Benefits to members and families of Maroondah Magic Basketball Club.

What's in it for you?

BIG Bendigo Benefits is a special range of products and services designed to benefit members and families of Maroondah Magic Basketball Club.

Take advantage of the great range of discounted rates, waived fees and bonus cover and save money. Plus, you'll experience the friendly personal service we're so well known for.

But it's bigger than that.

Our community focus ensures we share part of the profits we make with the communities we're part of. So you can make a difference simply by banking with the Bendigo.

What's next?

It's simple. Just become a Bendigo Bank customer.

Drop into your nearest branch at 62 Railway Avenue, Ringwood East or phone 9870 3655 for more details on how BIG Bendigo Benefits can work for you.

 **Bendigo Bank**
Bigger than a bank.

Ringwood East **Community Bank**[®] Branch



BIG Bendigo Benefits

- 1** Connect your home loan with eligible products to receive up to 0.15% off the base Connect Package rate
You will also benefit from a discounted range of complementary package products and services
- 2** 10% off house and contents or landlords insurance
- 3** 7.5% discount on health insurance
- 4** 20% off travel insurance
- 5** 5% off motor vehicle, boat or caravan insurance
- 6** Up to 0.20% discount and no application fee on Bendigo Secured and Unsecured Personal Loans
- 7** \$49 annual fee on Platinum Rewards Mastercard
- 8** \$69 Annual fee on Qantas Platinum Mastercard
- 9** Extra 0.25% pa interest on a 12 month term deposit with interest paid on maturity. Minimum deposit \$5,000
- 10** Obligation free first interview with a Bendigo Financial Planner
- 11** 50% discount on foreign exchange fees
- 11** \$100 discount on equipment finance
- 12** 0.50%pa discount on the standard variable rate for margin lending
- 13** Piggy Saver Account with no monthly account fee and a great rate receive a free piggy gift when you open your account

Offers only valid to members and families of Maroondah Magic Basketball Club. Offers available on all new applications received before 1/12/17. Offers for a limited time only. Terms, conditions, fees and charges apply. Full details available on application. Lending criteria apply. Rates and fees are subject to change. This material contains general advice only. Please consider your situation and read the Terms and Conditions available from any Bendigo Bank branch or online at www.bendigobank.com.au before making any decision. Bendigo and Adelaide Bank Limited ABN 11 068 049 178 Australian Credit Licence 237879. S56038-11 (368931_v3) (25/08/2017)

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Rewards points are earned on eligible transactions - see Bendigo Rewards Terms and Conditions, available at www.bendigobank.com.au or by calling 1300 236 344. Conditions for protection apply, see www.mastercard.com/au/personal/en/zerolisibility.

Point 12

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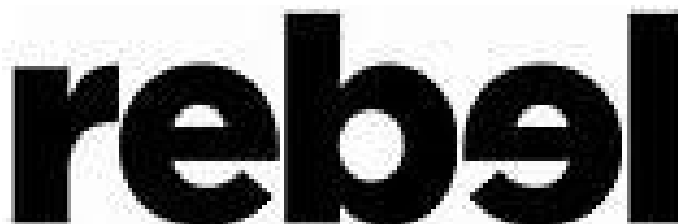
Point 13

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OUR SUPPORTERS:



ANY PURCHASES YOU MAKE AT
SPORTSMART WILL GIVE MAROONDAH
MAGIC 5% OF ANY SALES!



Rebel sport is supporting us every time you shop in their store.

Simply by joining the Rebel Season Pass loyalty program and nominating Maroondah Magic as your club, every time you shop in Rebel Sport we accumulate credit to spend on things like new training equipment etc.

You will also receive in house discounts and sale items just for being a member as well. It costs you nothing to join and all you have to do is flash your card or tell them your name when you shop and the credit just keeps adding up.

You can sign up in store or online.

We purchased, with your contribution to store credits, multiple basketballs for our Presentation day, High-Bounce Balls and Street Ball Hoops. We have also purchased training equipment including : set sprint hurdles; reaction balls; and skipping ropes.